

HermanMiller Mirra® 2 Chair



Seat Height: Lower right side of seat



To raise:
Take your weight off chair, lift tab up.



To lower:
Lift tab up while seated.

At the proper height, your feet should rest flat on the floor with upper and lower leg forming a 90 degree angle.



FlexFront® Seat Depth: Handle under front of seat



To adjust:
Squeeze handle and adjust seat edge up or down. Release handle to lock in position.

In the proper position, you will have a minimum of three-fingers of clearance between the back of your knees and the front seat edge.



Harmonic™ Tilt Tension: Knob below right front side of seat



To increase:
Turn knob clockwise.



To decrease:
Turn knob counterclockwise.

Set the tilt tension to control the resistance you feel when reclining.



Forward Tilt: Horizontal tab on left front side of seat

Only available on some models.



To engage:
Recline and flip lever down.



To release:
Recline and flip lever up.

Engage forward tilt to support the thigh's declined posture when performing intensive tasks, such as keyboarding.

Note: When using forward seat angle, increase seat height slightly for added comfort.



