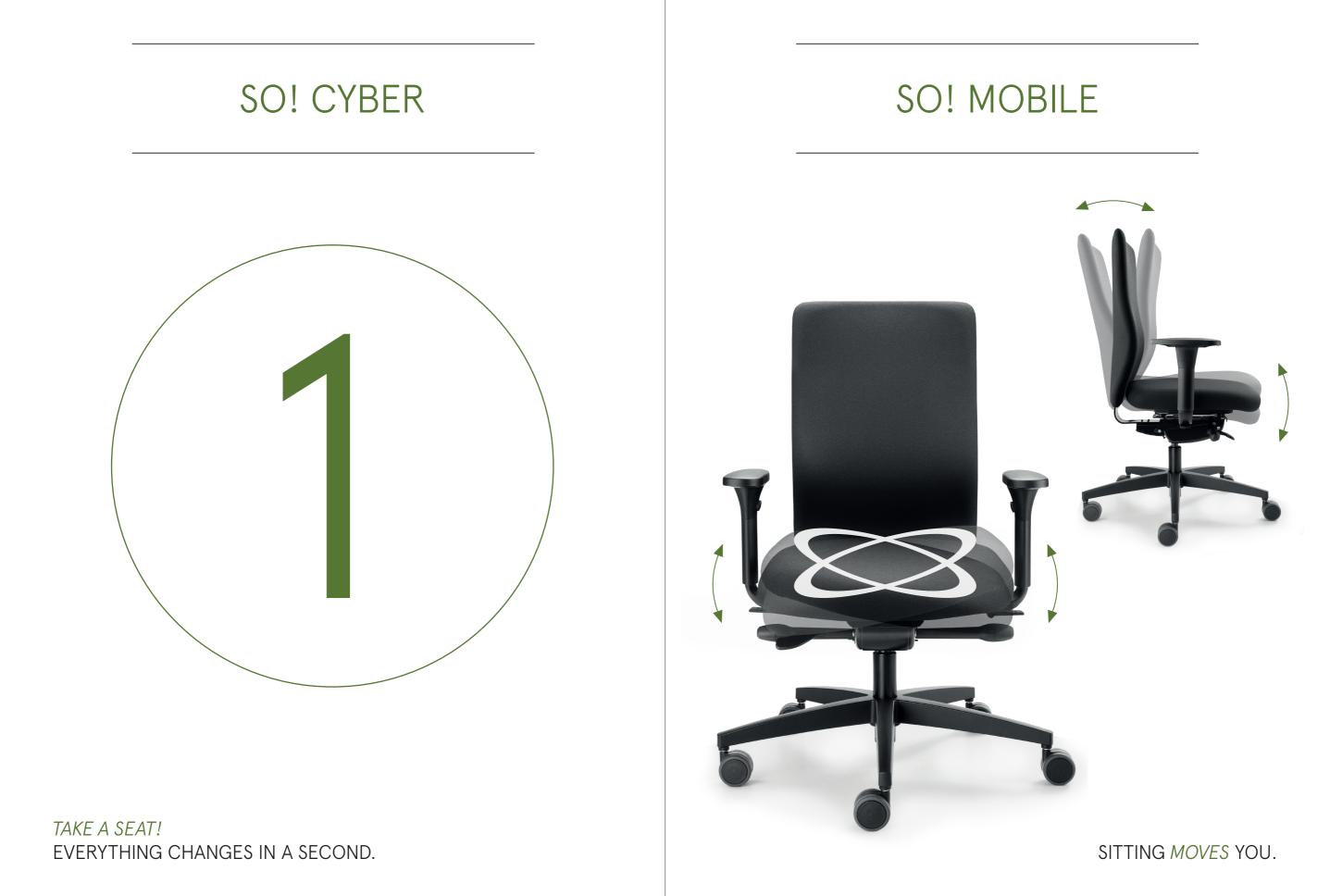
L©FFLER

СҮМО





SO! YOUNG

SO! GOOD VALUE

CYMO combines economic efficiency and ergonomic qualities. An office swivel chair with a clear line and proven ERGO TOP technology. LÖFFLER quality with a balanced price-performance ratio. **CYMO**, your reliable accompaniment for daily work.

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Black material: B 904 Tripolis / green material: B 936 Lingen / blue material: B 938 Murnau

CYMO IS CONCEIVED FOR *DYNAMIC* SITTING, INDEPENDENT OF AGE.

CYMO IS *MOVEMENT* - NOT PRICE.

SO! ERGO TOP





SITTING BETTER IS MORE THAN FUN. IT MAKES YOU HAPPY. The **ERGO TOP disc** ensures **360°** seat flexibility (in all directions). Active and dynamic sitting not only trains back muscle, but also provides the intervertebral discs with nutrients whilst preventing false posture.



A DISC *MOVES* THE WORLD. IT'S BEST TO USE THEM NOW FOR YOUR OWN WORLD.



Fachgebiet Arbeitswissenschaft

Specialist field Ergonomics

University Professor Dr.-Ing. Heinz-Peter Rühmann





SO! DIVERSE

Statement on *"*dynamic sitting"

The ERGO TOP joint under the seat is an elastic bearing which enables additional degrees of freedom when sitting.

The structures of the human musculoskeletal system (bones, joints, muscle, tendons etc.) require movement and stress in order to maintain their function. Joints which lack movement become stiff, muscle and bones without stress lose substance. Variable stress resulting from movement is especially favourable for the intervertebral discs which are provided for by diffusion because liquid and metabolism end products are pressed out of the tissue (dehydration) under high stress and liquid and nutrients are absorbed (hydration) when the strain is relieved.

As our intervertebral discs and our muscle are designed to cope with stress and movement, "dynamic sitting" promotes the functional capability of the musculoskeletal system. As "the" correct seating posture de facto does not exist, it should be possible to enable the sitting person to take the seating posture which he subjectively feels to be pleasant. The more freedom of movement the seating furniture provides you with at the same time, the more the organism profits.

(According to new scientific studies, relaxed sitting relieves the intervertebral discs and also enables hydration when sitting, whereas the often propagated upright sitting increases pressure on the intervertebral discs (dehydration), however back muscle is trained.)

(University Professor Dr. H. Rühmann)

Full professor: Prof. Dr. rer. nat. Heiner Bubb Non-tenured professor: Prof. Dr.-Ing. Heinz-Peter Rühmann



All LÖFFLER office swivel chairs illustrated are available with 🧭 (360° seat flexibility).

SO! BUY IT



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CYMO IS AVAILABLE HERE:

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LÖFFLER products and competent advice are available from your specialist dealer: