



RH Mereo



**DESIGNED
FOR
HUMAN
PERFORMANCE**

A SCANDINAVIAN SENSATION – DESIGNED FOR YOU

RH Mereo is a stylish work chair that provides an active sitting position, thereby improving the workday for individuals and teams. The chair represents innovation and design from all angles, with all new engineering, intuitive functionality and Scandinavian quality. RH Mereo is easily adapted to individual users, but is also ideal for environments with several users of one chair. The chair is causing a sensation in the office chair market since its launch, lifting both individual performance and the aesthetics of the workplace to new levels.

The design challenge

With RH Mereo we aimed to create a work chair that provides a seating experience that feels personalised, and gives ambitious individuals with long work hours the opportunity to enjoy RH's dynamic ergonomics. A modern day chair that can be used by more than one person. Move around and adapt to modern day, flexible work environments.

One chair fits all

Only minor adjustments are needed to adapt RH Mereo to individual users, regardless of size and shape. One chair fits all, and provides the opportunity to sit actively while working. RH Mereo is tested according to international norms and standards, with excellent results. This solid, easy to upgrade and durable chair will raise performance levels for many years to come.

Easy to customise

The frictionless movement technique in a RH Mereo chair, leads to active sitting. All you have to do is sit down, adjust the chair to your body and enjoy the smooth and friction-free movement. The angle of the backrest, headrest and armrests adjust themselves intuitively. RH Mereo is a product of dynamic ergonomics made easy and accessible. You will easily find the optimal seating position that lasts all day, every day.



RH MEREIO AND VERYDAY

WHEN FUNCTIONALITY MEETS DESIGN

RH's goal is to bring ergonomic principles back in to the office. In cooperation with the world-renowned design agency Veryday, we set ourselves the goal of creating a chair that could meet the needs of both the workplace and the individual. This extensive and rewarding collaboration resulted in a fusion of functional and visual design with dynamic ergonomics. We are proud to introduce the RH Mereo, a vital working tool that also creates a delicate workplace.

Veryday

Veryday is an award winning design agency that has brought quality objects and experiences to people worldwide. They are convinced that user-centred solutions and candid feedback from users is essential when developing new solutions. Veryday has a goal of moving boundaries by challenging enterprises to think of products in a different way. This resulted in the RH Mereo, a chair that enhances your health and performance, while also espousing cutting edge design.

Mission

RH had a clear goal of creating a work chair that could bring ergonomic principles back to the office, without compromising the demands of visual design. A chair that would increase work effort and create a sensation in the marketplace. Along with Veryday we started out by looking at the users' workday and tried to put ourselves in their shoes. This insight was critical in the development of RH Mereo.

The design process

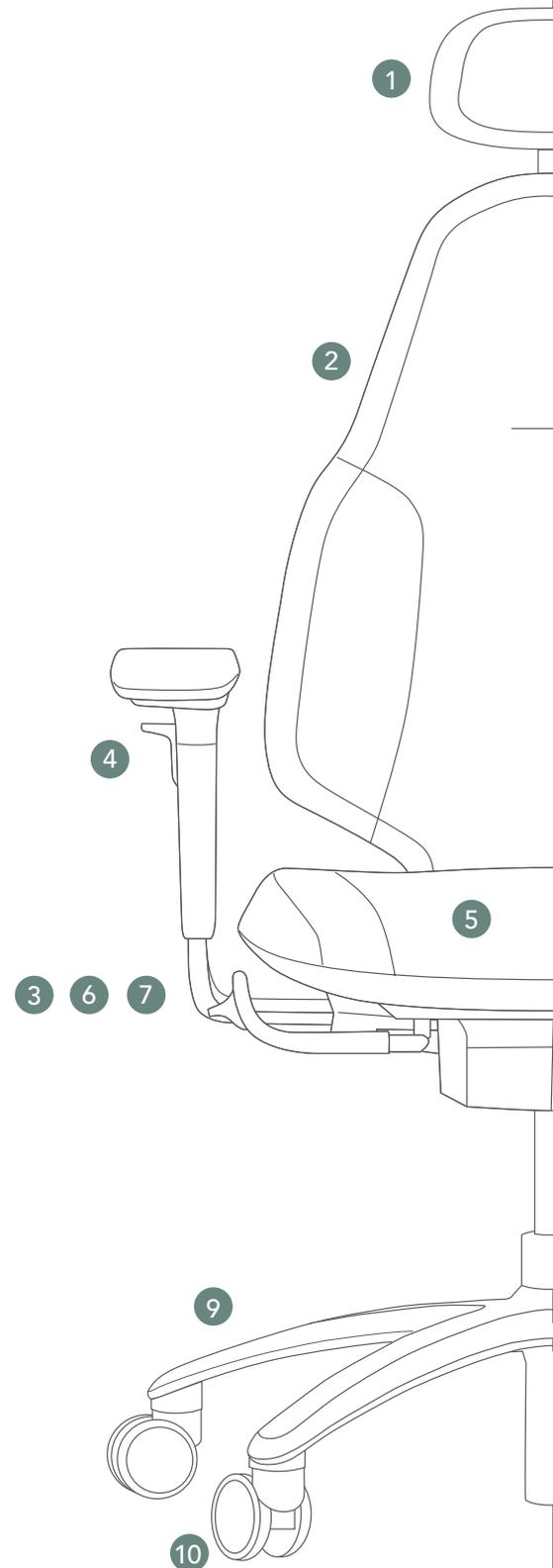
RH Mereo is the result of a collaborative and user-centred design project. Its genetics and aesthetics were developed and refined throughout the process. The chair is a manifestation of Scandinavian design quality, innovative ergonomics, visual quality and environmental responsibility. RH Mereo is a complete RH chair where convenience, elegance and real performance are fused into one.

OUR VISION WAS TO CREATE A
CHAIR THAT PERFORMS AS WELL
AS THE INDIVIDUAL SITTING IN IT



Functionality

- ① **The neckrest**
An option that we highly recommend. It provides support to the neck and thereby relieves the entire body. The headrest is adjustable both in depth and height. Easy to adjust.
- ② **The backrest**
Choose between high or low back. A distinct waist and a curved back with a clear lumbar support. The soft curve supports the whole back in an upright posture, giving arms and shoulders freedom to move. The Tvedt cushion between the shoulder blades stimulates an open posture, increasing oxygenation of strain.
- ③ **The backrest angle**
Can be adjusted separately as needed in order for you to always sit comfortably with good support.
- ④ **The armrests**
Supports neck and shoulders. Easy to retro fit armrest. Can be adjusted by height, width, depth and can also be rotated.
- ⑤ **The seat**
The seat's waterfall edges reduce pressure on the underside of the thighs, enhancing circulation. Minimises knee movement when tilting. Rear edge is raised to orientate the pelvis in the correct position.
- ⑥ **Seat, height and depth**
Adjusted by a few simple hand movements. User-friendly, intuitive shapes and placement. Easy to individually adjust the chair. The controls are easy accessible while seated. The correct seat height improves blood circulation in the legs. Correct seat depth provides better support.
- ⑦ **The tilt mechanism**
Is smooth and frictionless in its movement, and can be locked in desired position, allowing the chair to follow your every movement.
- ⑧ **Tilt resistance**
From 40kg to 150 kg, 7 turns is all it takes. You can easily adjust the chair to your body, whatever your size or shape. It follows your movements without the need to use any muscle power to push the chair into new positions.
- ⑨ **Footbase**
Raised base and curved arms to keep feet firmly on the floor.
- ⑩ **Castors**
Are available in different variants for both hard and soft flooring.





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ENVIRONMENT CREATING MORE WITH LESS

Every part of the RH Mereo can be recycled and be revived as a new product. Simple disassembly of components makes it easy to replace parts, and contributes to the chair's longevity. The same goes for the cushion, which can easily be clicked on and off, saving both your wallet and the environment. All materials we use in RH Mereo are free of toxic substances, and consist of recycled components. The minimal amount of material we use to produce the chair and the chair's long shelf life contributes to less transportation and packaging, making the RH Mereo a chair with a healthy environmental conscience.



CERTIFICATES

- EN 1335
- NPR 1813
- Möbelfakta
- EPD, ISO 14025
- GREENGUARD



ACTIVE SEATING ALLOWS YOU TO PERFORM BETTER

Modern work life requires us to sit idly at work much more than before. To endure long days, it is crucial that you move while seated. Proper motion helps you breathe better and stimulates blood circulation, empowering you with oxygen and energy. RH has strongly engaged in ergonomic dynamics and active seating, and has developed a unique technique in ergonomic technology. We call it 2PP™, which is all about knowing your body's natural structure and optimising your seating experience when you need it.

Motion

Movement is good. It stimulates the muscles and improves concentration and endurance. When you work long hours, movement and the proper sitting position is key. In a RH Mereo you'll never lack movement. Rather the contrary. While apparently sitting completely still in an upright position, the chair follows the body's natural movements down to the very smallest of movements. The chair keeps you active and gives full support and relief where needed.

On the inside

The RH Mereo is created to adapt to the body. When you lean back and forth, the seat's small vertical movements prevent the thighs from being strained, stimulate blood circulation and reduce tension to a minimum. You are always prompted to sit in a natural upright position with both feet firmly on the floor. A Tvedt cushion provides a gentle push between the shoulder blades, as an encouragement to sit straight. The seat back is in such an angle that it supports the entire back, requiring only a few simple adjustments.

About 2PP™

2PP™ refers to two articulation points - pivot points - in the hips and knees. In the RH Mereo the chair's two action points correspond with your very own pivot points. It helps the body to maintain an upright position and maintains the natural S-curve of the spine. At the same time facilitating a varied and active seating position. With the chair's movement points located near the knee and hip joints you can sit comfortably reclined with your feet on the floor and good lower back support, not having to adjust the height of the seat or the backrest.



FUNCTIONAL DESIGN



Movement

Creating ergonomic dynamics, empowering you with oxygen and energy. Keeping you at your best. All day, every day.



Blood circulation

RH Mereo should be adjusted so that it is customised for your body. In order to generate the optimal condition for blood circulation, you can adjust the seat depth, tilt and height for maximum support and relief. The waterfall edge of the seat cushion reduces pressure on the underside of the thighs, also helping enhance circulation in the legs.



Breathing

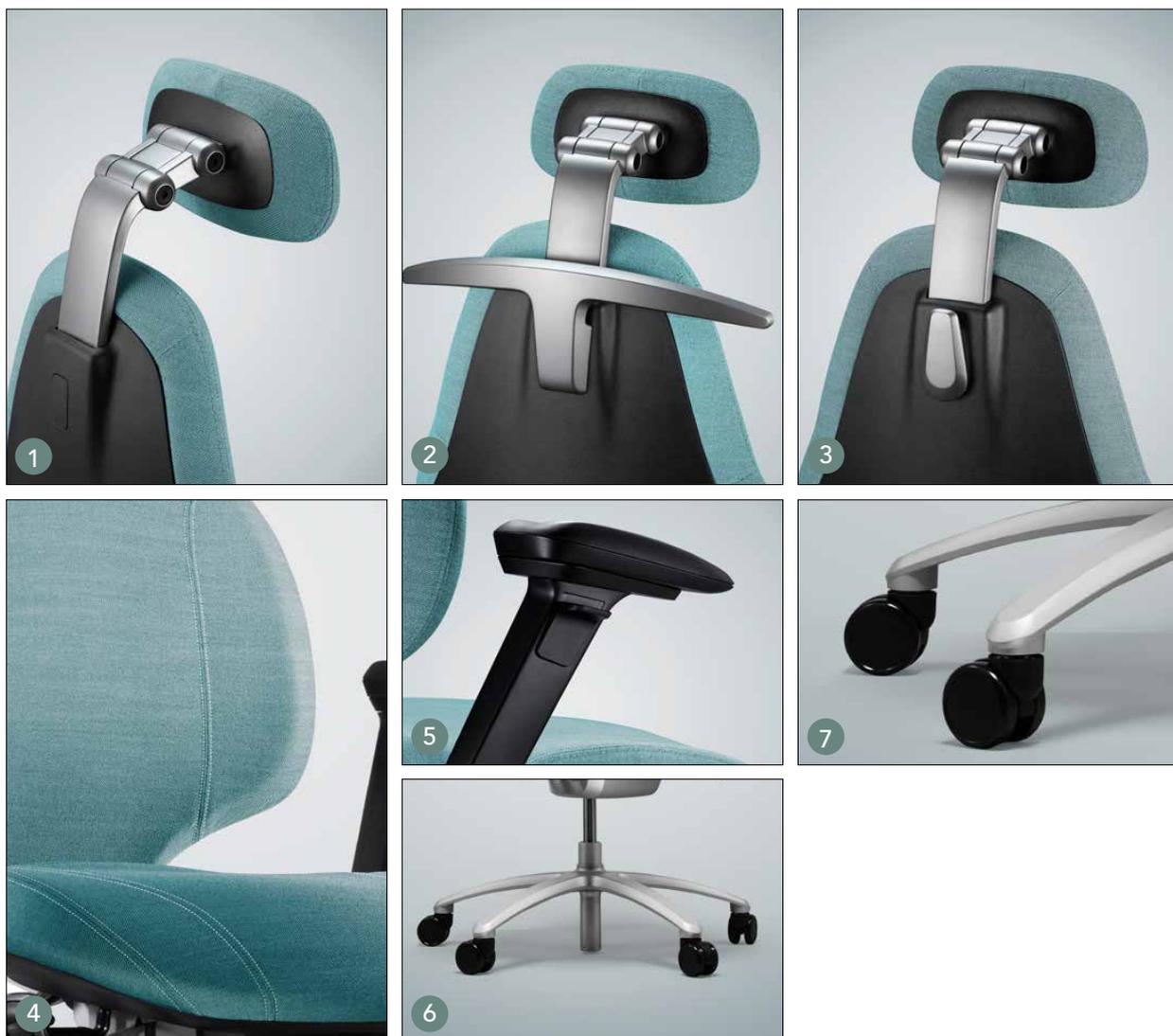
Sitting upright while moving allows you to breathe better and supplies your blood with sufficient oxygen. Features like the "Tvedts" cushion pushes your shoulder blades backwards, opening the chest for better breathing, ensuring better concentration and performance. When your body feels good, you perform better.





Options

For your flexibility, the RH Mereo offers a generous range of accessories. Naturally, you can also buy the basic chair and add accessories as you need them.



1 Neckrest, silver or black

2 Coathanger, silver or black

3 Coathook, silver or black

4 Decorative stitching

5 Armrest 8T, silver or black

6 Base 5T, silver, black or polished aluminium

7 Castor for hard floors

Different styles for different users



RH MEREIO 200 SILVER

RH Mereo 200 has a medium back and comes as standard with castors for carpeted floors and base in grey lacquered aluminium. It can also be enhanced with armrests.



RH MEREIO 200 BLACK

RH Mereo 200 has a medium back and comes as standard with castors for carpeted floors and base in black lacquered aluminium. It can also be enhanced with armrests.



RH MEREIO 220 BLACK

RH Mereo 220 has a large back and comes as standard with castors for carpeted floors and base in black lacquered aluminium. It can also be enhanced with a range of options such as neckrest, armrests and coat hanger.



RH MEREIO 220 SILVER

RH Mereo 220 has a large back and comes as standard with castors for carpeted floors and base in grey lacquered aluminium. It can also be enhanced with a range of options such as neckrest, armrests and coat hanger.



by Flokk
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