

MULTI

Where flexibility meets stability

Design: Peter Opsvik

Concept



Choose the seat angle that's most comfortable for you

Your abdomen and back muscles work to keep your posture upright

The wider the angle between your upper and lower body, the less pressure on your vertebrae

With less pressure on your back, there's less tension in your neck and shoulders

Category

Variation makes life exciting. On a Varier kneeling chair, your body is constantly in motion. Place your knees on, in front of, between or beside the shin pads to vary your sitting angle and posture, and find the ideal balance point for your body. Have you noticed that all of the seats on our kneeling chairs lean downward? This tilts the pelvis forward and puts the spine in the same position as when you are standing. This means no pressure on spinal discs and relief from shoulder and back tensions. Just remember to place your weight on your bottom when sitting, and on your shins when varying your positions. You'll never want to go back to your old way of sitting.

Healthy sitting

- Promotes natural, upright posture
- Reduces pressure on vertebral disks
- Keeps spine in upright position
- Strengthens core and abdominal muscles
- Prevents tension in neck and shoulders
- Ensures deep breathing

varier®

Benefits

Movement and variation

- Freedom to concentrate on work
- Muscles are stimulated - no wear and tear of static sitting

Knee Cushion

- Prevents sliding forward action
- Support for legs and

Height Adjustable from 41 – 59 cm

- Suitable to different Table heights
- Alternative seating positions from squatting to almost standing
- Customization for everyone (i.e. Kindergarten personnel adjusting height depending upon the height of the child)

Tilted seat

- Sitting positions with a natural open angle between thigh and torso
- Makes breathing easier
- Healthy lifestyle

Foldable

- Easy to carry
- Easy to store

No sharp edges

- Comfortable to find individual sitting positions
- Comfortable in use

Pre-Assembled

- No mounting needed

In solid beech

- Strong construction
- High load capacity
- long life
- Environmentally friendly

On the market for more than 30 years

- Does not follow trends
- Timeless
- Safety
- Well known and accepted concept

Design Peter Opsvik

- Classical and functional
- Designed to rise the user's wellness

Features

Floor Protection

- Protect the floor
 - Stability
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Supplied in a number of fabrics & leathers

- Goes easily into existing interiors
 - Easy to choose according to personal taste
 - Easy to clean
 - Available in different price groups
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Tested according to European standard for Non-Domestic Use NS-EN 16139 2013

- Tested by officially accredited test institute
- Safe and high quality

Technical Information Main

Chair Measurements

	Width	Depth	Height	Seat height
Multi	47 cm	60 cm	42-63 cm	42-63 cm

Box Measurements and Weight

	Height	Length	Width	Weight
Multi	21,5 cm	75,5 cm	47,5 cm	7,9 kg

Effects after Use

- Help correct spine injury as well as prevent it from ever occurring
- Better posture
- Improves overall wellness

User and User Areas

- For children and adults
- Table or desk
- Good working positions for many activities - can be used at both high and low tables
- Kindergarten – adult sits low to give aid to children
- Take into car or to work
- Makeup artists on the go
- For people after operation of back hernia (often in hospitals)

Pre-Conditions for Use

User must trust the chair to support various positions

Production country: Poland

Launch date: 1981

Warranty

- 7-year warranty on all wood parts
- 5-year warranty on all mechanical parts
- To make use of this extended guarantee please register online: varierfurniture.com/Guarantee